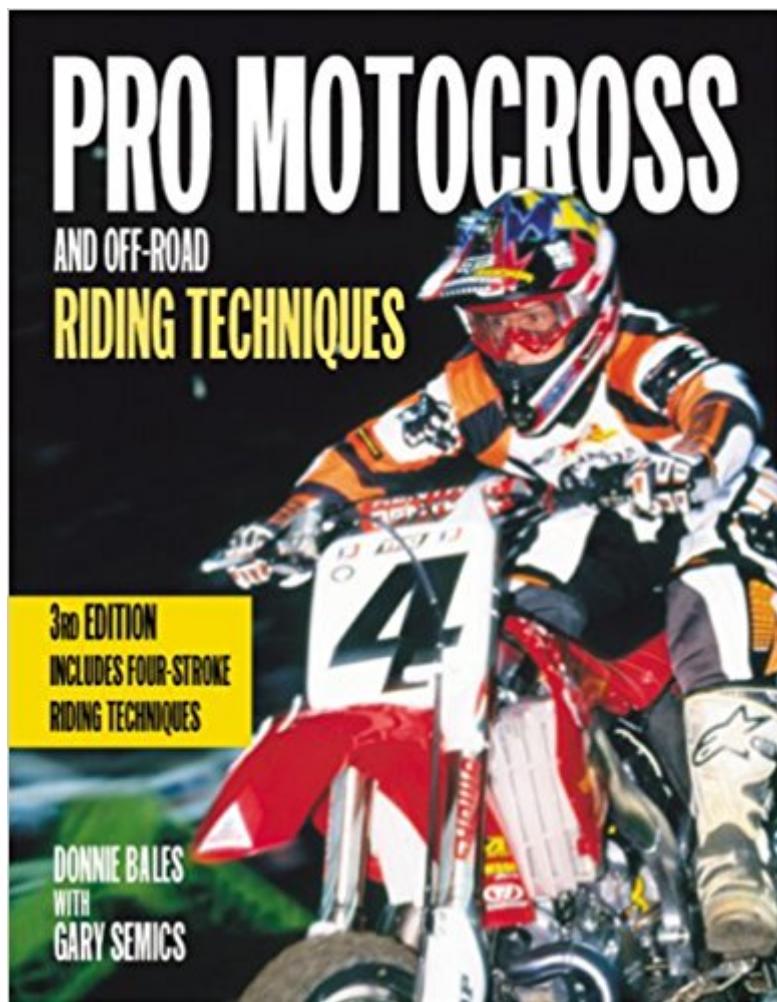


The book was found

# Pro Motocross & Off-Road Riding Techniques



## **Synopsis**

Ride to win with the pros, as this updated, third edition of Pro Motocross & Off-Road Riding Techniques puts you in front of the pack. Advanced tips and techniques from your favorite pro riders-Ricky Carmichael, James Stewart, Danny Carlson, Chad Reed, Greg Albertyn, Ty Davis, Jeremy McGrath, Guy Cooper, Steve Lamson, and others-give you the inside line on everything from body position to brake/power slides. New action sequences of professional riders take you step-by-step through specific techniques, including double jumps, rutted corners, braking bumps, starts, and whoops. Check out Gary Semics' riding techniques-with 10 years as a factory rider and over 20 more as a riding instructor, Semics knows motocross. His techniques and insight will improve even the most experienced rider's form. Techniques for motocross, supercross, hare scrambles, enduro, and desert racing are all included, as well as how to tackle off-road obstacles, practice methods, a buyer's guide for gear, goggle prep, race strategy, and an extensive chapter on riding four-strokes. Whether you're an expert motocrosser or a beginning enduro racer, this new edition of Pro Motocross & Off-Road Riding Techniques is the hot line to improving your skills.

## **Book Information**

Paperback: 224 pages

Publisher: Motorbooks; 3rd edition (October 15, 2004)

Language: English

ISBN-10: 0760318026

ISBN-13: 978-0760318027

Product Dimensions: 8.4 x 0.6 x 11 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars 20 customer reviews

Best Sellers Rank: #786,991 in Books (See Top 100 in Books) #61 in Books > Sports & Outdoors > Miscellaneous > Motorcycle Racing #223 in Books > Engineering & Transportation > Automotive > Motorcycles > Repair & Performance #577 in Books > Sports & Outdoors > Miscellaneous > Motor Sports

## **Customer Reviews**

Waste of time and money

I wish I could say I liked this book, but I can't. While there is some good info, most of it seems like common sense to me. There are also a ton of conflicting statements.

I've been to many Motocross schools, had many instructors, and have read several books about the Best Sport on Earth. This book not only has the best info, but it's laid out in such a way one can use it to keep improving their skills. When you want to be a better rider, simply refer back to it! Do you want to have more fun? Ride faster, more efficiently, and have more confidence? How about riding so that you look good (and don't crash)? I recommend this book as indispensable.

Grandson loved it, encouraged him to read above his age level (8). teen level reading

Excellent book, full of step-by-step illustrations, and tips from Gary Semics. I really love this book. Never found any other like this on the market. I wish this book could be translated in Spanish, for most of my fellows in Argentina who can't read English. I offer myself for the job!!! This book is a must for every MX rider.

Haven't finished reading the entire book, but so far it gives you some good advices on body positioning, braking and cornering... I do think this book needs an update. The bikes and gear that are shown are starting to look outdated. But aside from that, the how, the do's and don'ts of motocross are the same, so enjoy the good tips and ride on!

The authors set themselves a daunting task when they tried to explain via the written word how to ride a dirt bike over rough ground. I have yet to find a book that does a better job at it.

Book offers very in depth details about every aspect of motocross racing. My intentions were to pick up a few tips for recreational off road riding. This book is more about competitive racing, but certainly brings a lot to the table.

[Download to continue reading...](#)

Pro Motocross & Off-Road Riding Techniques How to Ride Off-Road Motorcycles: Key Skills and Advanced Training for All Off-Road, Motocross, and Dual-Sport Riders Four-Stroke Motocross and Off-Road Performance Handbook (Motorbooks Workshop) Mixing and Mastering with Pro Tools 11 (Quick Pro Guides) (Quick Pro Guides (Hal Leonard)) Mixing and Mastering with Pro Tools (Music Pro Guides) (Quick Pro Guides) Riding: The Game of Polo (Riding series) Trail Riding Western Montana (Falcon Guides Trail Riding) Simplified Apple iPad Pro Manual: Understanding and maximizing the full functionality of your iPad Pro Tablets - 100% made simple user guide manual for

seniors and dummies. Exam Pro on Partnership Taxation (Exam Pro Series) Pro Tools 101: An Introduction to Pro Tools 11 (with DVD) (Avid Learning) Pro Tools 101 -- An Introduction to Pro Tools 10 (Book & DVD) (Avid Learning) Michael Buble - Crazy Love - Pro Vocal Songbook & Cd For Male Singers Volume 56 (Hal Leonard Pro Vocal (Numbered)) Michael Buble - Christmas: Pro Vocal Men's Edition Volume 62 Book with Two CDs (Hal Leonard Pro Vocal) Michael Buble - Call Me Irresponsible:Pro Vocal Songbook & CD For Male Singers Vol. 61 (Hal Leonard Pro Vocal) Ultimate Guide to Pro Hockey Teams (Ultimate Pro Team Guides (Sports Illustrated for Kids)) Logic Pro X 10.3 - Apple Pro Training Series: Professional Music Production Logic Pro X 10.1: Apple Pro Training Series: Professional Music Production Golf: Golf At 60: A Complete Beginners Guide for Senior Golfers to Take Care of Health, Fitness & Play Golf Like a Pro (Golf, Golf Swing, Golf For Dummies, ... Golf Etiquettes, Golf like a pro, Golfer) 1972 Vintage Ava Maria by Bach-Gounod Arranged by Arthur Zepp : Piano Solo Sheet Music : PRO PN 577 Pro Art Westbury New York South Pacific: Pro Vocal Mixed Volume 5 (Hal Leonard Pro Vocal (Numbered))

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)